

# On the diameter of half-integral polytopes

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## Abstract

We prove a new bound on the diameter of lattice polytopes, that improves on a 20 year old bound by Kleinschmidt and Onn. This result implies that the diameter of a  $d$ -dimensional half-integral polytope is at most  $\lfloor \frac{3}{2}d \rfloor$ . For this family of polytopes we also show that the bound is tight.

## 1 Introduction

The *1-skeleton* of a polytope  $P$  is the graph whose nodes are the vertices of  $P$ , and that has an edge joining two nodes if and only if the corresponding vertices of  $P$  are adjacent on  $P$ . Given vertices  $u, v$  of  $P$ , the *distance*  $\delta^P(u, v)$  between  $u$  and  $v$  is the length of a shortest path connecting  $u$  and  $v$  on the 1-skeleton of  $P$ . We may write  $\delta(u, v)$  instead of  $\delta^P(u, v)$  when the polytope we are referring to is clear from the context. The *diameter*  $\delta(P)$  of  $P$  is the smallest natural number that bounds the distance between any pair of vertices of  $P$ . We refer to [7] for basic notions and terminology on polytopes and graphs.

A *lattice polytope* is a nonempty polytope whose vertices are integral. For  $k \in \mathbb{N}$ , a  $(0, k)$ -polytope  $P \subseteq \mathbb{R}^n$  is a lattice polytope contained in  $[0, k]^n$ . Naddef [4] showed that the diameter of a  $d$ -dimensional  $(0, 1)$ -polytope is at most  $d$ , and such bound is tight for the hypercube  $[0, 1]^d$ . Kleinschmidt and Onn [3] extended such result by proving that the diameter of a  $d$ -dimensional  $(0, k)$ -polytope cannot exceed  $kd$ .

We now state our main results.

**Theorem 1.** *For  $k \geq 2$ , the diameter of a  $d$ -dimensional  $(0, k)$ -polytope is at most  $\lfloor \frac{2k-1}{2}d \rfloor$ .*

In the special case where  $k = 2$ , we prove that the bound of Theorem 1 is tight, i.e. for any natural number  $d$  there exists a  $d$ -dimensional  $(0, 2)$ -polytope attaining the bound.

**Theorem 2.** *The diameter of a  $d$ -dimensional  $(0, 2)$ -polytope is at most  $\lfloor \frac{3}{2}d \rfloor$ , and the bound is tight.*

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A polytope  $P$  is called *half-integral* if every vertex has only 0, 1 or  $1/2$  components, or equivalently if  $2P = \{2x : x \in P\}$  is a  $(0, 2)$ -polytope. As  $P$  and  $2P$  have the same 1-skeleton and the same dimension, Theorem 2 implies that the diameter of a half-integral polytope is at most  $\lfloor \frac{3}{2}d \rfloor$ , and the bound is tight.

In Section 2 we present some lemmas that will be crucial to prove our main results, in Section 3 we give the proof of Theorem 1, and in Section 4 we prove Theorem 2.

## 2 Tools

We say that two vertices  $u, v$  of a polytope  $P$  are *neighbors* if  $\delta(u, v) = 1$ .

**Lemma 1.** *Let  $P \subseteq \mathbb{R}^n$  be a lattice polytope, let  $u$  be a vertex of  $P$ , and let  $c \in \mathbb{Z}^n$ . If there exists a vector  $v \in P$  such that  $cv < cu$ , then there exists a neighbor  $u^1$  of  $u$  with  $cu^1 \leq cu - 1$ .*

*Proof.* It is well known that there exists a path of vertices  $u^0, u^1, \dots, u^t$  on the 1-skeleton of  $P$  with  $u^0 = u$ , and  $cu^t \leq cv$ , where the vertices along the path attain strictly decreasing values under  $c$ , i.e.  $cu^i < cu^{i-1}$  for  $i = 1, \dots, t$  (see e.g. [2]). Then  $u^1$  is a neighbor of  $u$  with  $cu^1 < cu$ . By the integrality of  $c, u, u^1$ , we have  $cu^1 \leq cu - 1$ .  $\square$

**Lemma 2.** *Let  $P \subseteq \mathbb{R}^n$  be a lattice polytope, and let  $u$  be a vertex of  $P$ . Let  $c \in \mathbb{Z}^n$ ,  $\gamma = \min\{cx : x \in P\}$ , and  $F = \{x \in P : cx = \gamma\}$ . Then there exists a vertex  $u'$  of  $F$  such that  $\delta(u, u') \leq cu - \gamma$ .*

*Proof.* We prove the statement by induction on the integer value  $cu - \gamma \geq 0$ . The statement is trivial for  $cu - \gamma = 0$ . Assume  $cu - \gamma \geq 1$ . Because  $F$  is nonempty, there exists a vector  $v \in F$  such that  $cu - cv = cu - \gamma \geq 1$ . Thus, by Lemma 1, there exists a neighbor  $u^1$  of  $u$  with  $cu^1 \leq cu - 1$ . As  $cu^1 - \gamma \leq cu - \gamma - 1$ , by the induction hypothesis there exists a vertex  $u'$  of  $F$  such that  $\delta(u^1, u') \leq cu^1 - \gamma$ . Therefore  $\delta(u, u') \leq \delta(u, u^1) + \delta(u^1, u') \leq 1 + cu^1 - \gamma \leq cu - \gamma$ .  $\square$

**Lemma 3.** *Let  $P \subseteq \mathbb{R}^n$  be a lattice polytope, and let  $u, v$  be vertices of  $P$ . Let  $c \in \mathbb{Z}^n$ ,  $\gamma = \min\{cx : x \in P\}$ , and  $F = \{x \in P : cx = \gamma\}$ . Then  $\delta(u, v) \leq \delta(F) + cu + cv - 2\gamma$ .*

*Proof.* By Lemma 2 there exist vertices  $u', v'$  of  $F$  such that  $\delta(u, u') \leq cu - \gamma$  and  $\delta(v, v') \leq cv - \gamma$ . As  $u', v' \in F$ , we have  $\delta(u', v') \leq \delta(F)$ , hence  $\delta(u, v) \leq \delta(u, u') + \delta(u', v') + \delta(v', v) \leq cu - \gamma + \delta(F) + cv - \gamma$ .  $\square$

Given a vector  $v \in \mathbb{R}^n$  we denote by  $v_i$  its  $i$ -th component, for  $i = 1, \dots, n$ . We denote by  $e^i$ , for  $i = 1, \dots, n$ , the  $i$ -th vector of the standard basis of  $\mathbb{R}^n$ . Moreover, given a scalar  $k$ , we denote by  $k^n$  the  $n$ -dimensional vector with all entries equal to  $k$ .

Given two vertices  $u$  and  $v$  of a  $(0, k)$ -polytope  $P$  in  $\mathbb{R}^n$ , by applying Lemma 3 with some  $c \in \mathbb{Z}^n$ , we can derive an upper bound on  $\delta(u, v)$  that depends on  $c$ . In the particular case where  $c = e^i$ , for  $i \in \{1, \dots, n\}$ , as  $\min\{x_i : x \in P\} \geq 0$ , Lemma 3 immediately implies  $\delta(u, v) \leq \delta(F) + u_i + v_i$ , where  $F$  is the face of  $P$  that minimizes  $x_i$ . Similarly, if Lemma 3 is applied with  $c = -e^i$ , for  $i \in$

$\{1, \dots, n\}$ , as  $\min\{-x_i : x \in P\} \geq -k$ , it follows  $\delta(u, v) \leq \delta(F) - (u_i + v_i) + 2k$ , where  $F$  is the face of  $P$  that maximizes  $x_i$ . Note that, for  $i = 1, \dots, n$ ,  $u_i + v_i \geq k$  if and only if  $-(u_i + v_i) + 2k \leq k$ . Thus, the bound  $\delta(u, v) \leq \delta(F) + k$  always holds, for some face  $F$  of  $P$  of dimension at most  $n - 1$ . Moreover, if  $u + v \neq k^n$ , then there exists an index  $i \in \{1, \dots, n\}$  such that either  $u_i + v_i \leq k - 1$  or  $u_i + v_i \geq k + 1$ . By applying Lemma 3 with  $c = e^i$  or  $c = -e^i$ , it follows that  $\delta(u, v) \leq \delta(F) + k - 1$ , for some face  $F$  of  $P$  of dimension at most  $n - 1$ .

In order to bound the diameter of a non full-dimensional polytope  $P$ , we will use a theorem by Naddef and Pulleyblank [5]. The statement below is slightly modified with respect to Theorem 3.3. in [5], based on the details given in the first lines of its proof. The *projection of  $P$  onto the  $i$ -coordinate hyperplane* is the polytope

$$\{\bar{x} \in \mathbb{R}^{n-1} : \exists x \in P \text{ with } x_j = \bar{x}_j \text{ for } j = 1, \dots, i-1, x_j = \bar{x}_{j-1} \text{ for } j = i+1, \dots, n\}.$$

That is, we simply drop the  $i$ -th coordinate from all vectors in  $P$ .

**Theorem 3** ([5]). *Let  $P \subseteq \mathbb{R}^n$  be a polytope contained in the hyperplane  $ax = \beta$  with  $a_i \neq 0$  for  $i \in \{1, \dots, n\}$ , and let  $\bar{P}$  be the projection of  $P$  onto the  $i$ -coordinate hyperplane. Then  $P$  and  $\bar{P}$  have the same 1-skeleton.*

Theorem 3 implies the following.

**Lemma 4.** *Let  $P$  be a  $d$ -dimensional  $(0, k)$ -polytope in  $\mathbb{R}^n$ . Then there exists a full-dimensional  $(0, k)$ -polytope in  $\mathbb{R}^d$  with the same 1-skeleton as  $P$ .*

*Proof.* For every fixed  $d \in \mathbb{N}$ , the proof is by induction on  $n$ . The base case is when  $n = d$ . Then  $P$  is full-dimensional and the statement is trivially true.

Let now  $n \geq d + 1$ , i.e.  $P$  is not full-dimensional. Then there exists a hyperplane  $ax = \beta$  with  $a_i \neq 0$  for  $i \in \{1, \dots, n\}$ , that contains  $P$ . Let  $\bar{P}$  be the projection of  $P$  onto the  $i$ -coordinate hyperplane. By Theorem 3,  $P$  and  $\bar{P}$  have the same 1-skeleton. Moreover  $\bar{P}$  is a  $(0, k)$ -polytope in  $\mathbb{R}^{n-1}$ , and has the same dimension of  $P$  (see for example [6]). Thus by the induction hypothesis there exists a full-dimensional  $(0, k)$ -polytope in  $\mathbb{R}^d$  with the same 1-skeleton as  $\bar{P}$ .  $\square$

For  $d, k \in \mathbb{N}$ , we define  $\delta_k^d$  to be the maximum possible diameter of a  $(0, k)$ -polytope of dimension at most  $d$ , i.e.

$$\delta_k^d = \max\{\delta(P) : P \text{ is a } (0, k)\text{-polytope of dimension at most } d\}.$$

Note that the maximum in the definition of  $\delta_k^d$  always exists. In fact, it follows from Lemma 4 that the number of vertices of a  $d$ -dimensional  $(0, k)$ -polytope is at most  $k^d$ , thus also its diameter is upper bounded by  $k^d$ , which is a number independent on the dimension of the ambient space of  $P$ . Moreover, for fixed  $k$ , the value  $\delta_k^d$  is clearly non-decreasing in  $d$ .

In the following lemma, that is an immediate consequence of Lemma 3, we give a bound on the diameter of a  $(0, k)$ -polytope  $P$  contained in  $\mathbb{R}^n$  that does not depend on a particular face of  $P$ , but only on  $\delta_k^{n-1}$ .

**Lemma 5.** *Let  $P$  be a  $(0, k)$ -polytope in  $\mathbb{R}^n$ , and suppose that there exists  $i \in \{1, \dots, n\}$  such that  $x_i \in [l, h]$ , with  $0 \leq l \leq h \leq k$  for every  $x \in P$ . Then  $\delta(P) \leq \delta_k^{n-1} + (h - l)$ .*

*Proof.* By performing the change of variable  $\tilde{x}_i = x_i - l$ , we can assume that  $0 \leq x_i \leq h - l$  for every  $x \in P$ . Let  $u, v$  be vertices of  $P$ . Then  $u_i + v_i \leq h - l$ , or  $u_i + v_i \geq h - l$ . If  $u_i + v_i \leq h - l$  let  $c = e^i$ , otherwise let  $c = -e^i$ . Let  $\gamma = \min\{cx : x \in P\}$ , and  $F = \{x \in P : cx = \gamma\}$ . Note that  $\gamma \geq 0$  if  $c = e^i$  and  $\gamma \geq -(h - l)$  if  $c = -e^i$ . Moreover,  $F$  is a  $(0, k)$ -polytope of dimension at most  $n - 1$ , thus  $\delta(F) \leq \delta_k^{n-1}$ . Then, by Lemma 3, we have that  $\delta(u, v) \leq \delta(F) + cu + cv - 2\gamma \leq \delta_k^{n-1} + h - l$ .  $\square$

We are now ready to give the proof of Theorem 1.

### 3 Proof of Theorem 1

Let  $P$  be a  $d$ -dimensional  $(0, k)$ -polytope in  $\mathbb{R}^n$ , for  $n, d, k \in \mathbb{N}$  with  $n \geq d \geq 1$ ,  $k \geq 2$ . By Lemma 4, there exists a full-dimensional  $(0, k)$ -polytope in  $\mathbb{R}^d$  with the same 1-skeleton as  $P$ . Hence, from now on, we assume that  $P$  is full-dimensional, i.e.  $n = d$ .

The proof is by induction on  $d$ . The base cases are  $d = 0$  and  $d = 1$ . The diameter of a 0-dimensional polytope is clearly zero, and the diameter of a 1-dimensional polytope is at most one, thus also bounded by  $\lfloor \frac{2k-1}{2} \rfloor = k - 1$  since  $k \geq 2$ .

We now assume  $d \geq 2$ . Let  $u, v$  be vertices of  $P$ . By the induction hypothesis we assume that Theorem 1 is true for  $(0, k)$ -polytopes of dimension at most  $d - 1$ . In particular,  $\delta_k^{d-1} \leq \lfloor \frac{2k-1}{2} (d - 1) \rfloor$ , and  $\delta_k^{d-2} \leq \lfloor \frac{2k-1}{2} (d - 2) \rfloor$ . Thus, in order to prove the inductive step, we just need to show one of the following two inequalities:

$$\delta(u, v) \leq \delta_k^{d-1} + k - 1, \quad (1)$$

$$\delta(u, v) \leq \delta_k^{d-2} + 2k - 1. \quad (2)$$

If  $u + v \neq k^d$ , there exists an index  $i \in \{1, \dots, d\}$  such that  $u_i + v_i \leq k - 1$  or  $u_i + v_i \geq k + 1$  and, by Lemma 3 applied with  $c = e^i$  or  $c = -e^i$ , respectively,  $\delta(u, v) \leq \delta(F) + k - 1$ , where  $F$  is the face of  $P$  that minimizes  $cx$ . As  $F$  is a  $(0, k)$ -polytope of dimension at most  $d - 1$ , we have  $\delta(F) \leq \delta_k^{d-1}$ , therefore  $\delta(u, v) \leq \delta_k^{d-1} + k - 1$ , i.e. (1) is satisfied. Therefore we now assume that  $u + v = k^d$ .

If there exists a facet  $G$  of the hypercube  $[0, k]^d$  with  $P \cap G = \emptyset$ , then let  $i \in \{1, \dots, d\}$  be such that  $l \leq x_i \leq h$ , with  $l > 0$  or  $h < k$ . By Lemma 5,  $\delta(u, v) \leq \delta_k^{d-1} + k - 1$ , i.e. (1) is satisfied. Therefore we now assume that  $P \cap G$  is nonempty for every facet  $G$  of the hypercube  $[0, k]^d$ .

If  $u$  has one component  $u_i$ ,  $i \in \{1, \dots, d\}$ , with  $1 \leq u_i \leq k - 1$ , then we show that (2) is satisfied. Since the sets  $P \cap \{x \in \mathbb{R}^d : x_i = 0\}$  and  $P \cap \{x \in \mathbb{R}^d : x_i = k\}$  are nonempty, by Lemma 1 (with  $c = \pm e^i$ ),  $u$  has a neighbor  $s$  with  $s_i \leq u_i - 1$ , and a neighbor  $t$  with  $t_i \geq u_i + 1$ . If  $s_j = t_j = u_j$  for all  $j \in \{1, \dots, d\}$ ,  $j \neq i$ , then by setting  $\lambda = \frac{t_i - u_i}{t_i - s_i}$  we have  $\lambda s + (1 - \lambda)t = u$ , contradicting the fact that  $u$  is a vertex of  $P$ . Thus, there exists an index  $j \in \{1, \dots, d\}$  with  $j \neq i$  such that either  $s_j \neq u_j$  or  $t_j \neq u_j$ . Therefore there exists a neighbor  $w$  of  $u$  such that for distinct indices  $i, j \in \{1, \dots, d\}$ ,  $w_i \neq u_i$  and  $w_j \neq u_j$ .

We assume  $w_i < u_i$  (if not, we can perform the change of variable  $\tilde{x}_i = k - x_i$ ). Analogously, we assume  $w_j < u_j$ . As  $u + v = k^n$ , we have  $w_i + w_j + v_i + v_j \leq 2k - 2$ . Let  $\gamma = \min\{x_i + x_j : x \in P\}$  and  $F = \{x \in P : x_i + x_j = \gamma\}$ . By Lemma 3 (with  $c = e^i + e^j$ ),  $\delta(w, v) \leq \delta(F) + w_i + w_j + v_i + v_j - 2\gamma \leq \delta(F) + 2k - 2 - 2\gamma$ .

We now show that  $\delta(F) \leq \delta_k^{n-2} + \gamma$ . Let  $\bar{F}$  be the projection of  $F$  onto the  $j$ -coordinate hyperplane.  $\bar{F}$  is a  $(0, k)$ -polytope in  $\mathbb{R}^{n-1}$  and, by Lemma 4,  $\bar{F}$  has the same 1-skeleton of  $F$ . Note that, for any  $x \in F$ ,  $x_i = \gamma - x_j$  and  $x_j \geq 0$  imply  $x_i \leq \gamma$ . Therefore,  $x_i \leq \gamma$  for any  $x \in \bar{F}$ . Then, by Lemma 5,  $\delta(\bar{F}) \leq \delta_k^{n-2} + \gamma$ , thus  $\delta(F) \leq \delta_k^{n-2} + \gamma$ .

This implies  $\delta(w, v) \leq \delta_k^{n-2} + 2k - 2 - \gamma$  and, since  $\gamma \geq 0$  and  $\delta(u, w) = 1$ , finally  $\delta(u, v) \leq \delta(u, w) + \delta(w, v) \leq \delta_k^{n-2} + 2k - 1$ , i.e. (2) is satisfied.

Thus we now assume that  $u \in \{0, k\}^d$ . By possibly performing the change of variable  $\tilde{x}_1 = k - x_1$ , we can further assume  $w_1 = k$ , and  $v_1 = 0$ .

Let  $F$  be the face of  $P$  defined by  $F = \{x \in P : x_1 = 0\}$ .  $F$  is a  $(0, k)$ -polytope of dimension at most  $n - 1$ , thus  $\delta(F) \leq \delta_k^{n-1}$ . By Lemma 2 (with  $c = e^1$ ), there exists a vertex  $u'$  of  $F$  such that  $\delta(u, u') \leq k$ . Observe that both  $u'$  and  $v$  lie in  $F$  and therefore  $\delta(u', v) \leq \delta_k^{d-1}$ .

If  $u' = (0, u_2, \dots, u_d)$ , then  $u$  and  $u'$  are adjacent vertices of the hypercube  $[0, k]^d$ , implying that  $\text{conv}\{u, u'\}$  is an edge of  $[0, k]^d$ . As  $P$  is convex and it is contained in  $[0, k]^d$ , it follows that  $\text{conv}\{u, u'\}$  is also an edge of  $P$ . Therefore,  $\delta(u, u') = 1$  and consequently  $\delta(u, v) \leq \delta_k^{d-1} + 1$ . As  $k \geq 2$ , it follows  $\delta(u, v) \leq \delta_k^{d-1} + k - 1$ , i.e. (1) is satisfied.

Thus we now assume  $u' \neq (0, u_2, \dots, u_d)$ . Then, there exists an index  $i \in \{2, \dots, d\}$  such that  $u'_i + v_i \leq k - 1$  or  $u'_i + v_i \geq k + 1$ . We assume  $w_1 = k$  (if not, we can perform the change of variable  $\tilde{x}_i = k - x_i$ ). Let  $\gamma = \min\{x_i : x \in F\}$ ,  $F' = \{x \in F : x_i = \gamma\}$ .  $F'$  is a  $(0, k)$ -polytope, and it has dimension at most  $d - 2$  because it is contained in the intersection of two linearly independent hyperplanes in  $\mathbb{R}^d$ . It follows that  $\delta(F') \leq \delta_k^{d-2}$ . Then, by applying Lemma 3 to polytope  $F$  and vertices  $u'$  and  $v$ , we have  $\delta(u', v) \leq \delta(F') + u'_i + v_i \leq \delta_k^{d-2} + k - 1$ . This implies  $\delta(u, v) \leq \delta(u, u') + \delta(u', v) \leq \delta_k^{d-2} + 2k - 1$ , i.e. (2) is satisfied.  $\square$

**Remark 4.** *The result of Theorem 1 can be further improved by refining the bound in low dimensional cases.*

For  $d = 1$ , Theorem 1 yields the bound  $\delta_k^1 \leq k - 1$ . As  $\delta_k^1 = 1$ , the upper bound of  $\lfloor \frac{2k-1}{2}d \rfloor$  on  $\delta_k^d$  can be improved by subtracting the term  $(k - 1) - 1$ . In other words, for  $k \geq 2$ ,  $n \geq 1$ , the bound  $\delta_k^d \leq \lfloor \frac{2k-1}{2}d \rfloor - k + 2$  holds.

For  $d = 2$ , Theorem 1 yields the bound  $\delta_k^2 \leq 2k - 1$ . It is known that any 2-dimensional  $(0, k)$ -polytope has at most  $5.5 \cdot k^{2/3}$  vertices [1], which immediately implies  $\delta_k^2 \leq 5.5 \cdot k^{2/3}$ . Therefore, the bound of Theorem 1 can be further refined by subtracting the term  $(2k - 1) - 5.5 \cdot k^{2/3}$ , i.e. for  $k, n \geq 2$ , the bound  $\delta_k^d \leq \lfloor \frac{2k-1}{2}d \rfloor - (2k - 1) + 5.5 \cdot k^{2/3}$  holds. Note that this bound, for large  $k$  dominates the bound of  $\lfloor \frac{2k-1}{2}d \rfloor - k + 2$ .

## 4 Tightness

This section is devoted to proving Theorem 2. We first introduce some well-known results concerning the cartesian product of polytopes. For the sake of completeness, we next provide short proofs of such results. Let  $P^1 \subseteq \mathbb{R}^n$  and  $P^2 \subseteq \mathbb{R}^m$  be two polytopes of dimension  $d^1$  and  $d^2$ , respectively. We define the *cartesian product* of  $P^1$  and  $P^2$  as  $P^1 \times P^2 = \{(x, y) \in \mathbb{R}^{n+m} : x \in P^1, y \in P^2\}$ . Observe that  $P^1 \times P^2$  has dimension equal to  $d^1 + d^2$ . We say that an inequality is *valid* for  $P$  if it is satisfied by all points in  $P$ .

**Lemma 6.** *Let  $P^1$  and  $P^2$  be two polytopes, and let  $P = P^1 \times P^2$ . Then  $F$  is a nonempty face of  $P$  if and only if  $F = F^1 \times F^2$ , where  $F^1$  and  $F^2$  are nonempty faces of  $P^1$  and  $P^2$ , respectively.*

*Proof.* Let  $F^1 = \{x \in P^1 : a^1x = \beta^1\}$  and  $F^2 = \{y \in P^2 : a^2y = \beta^2\}$ , where  $a^1x \leq \beta^1$  and  $a^2y \leq \beta^2$  are valid for  $P^1$  and  $P^2$ , respectively. Then  $a^1x + a^2y \leq \beta^1 + \beta^2$  is valid for  $P$  and  $F = \{(x, y) \in P : a^1x + a^2y = \beta^1 + \beta^2\}$  is a nonempty face of  $P$ . It can be verified that, in fact,  $F = F^1 \times F^2$ .

Conversely, suppose that  $F = \{(x, y) \in P^1 \times P^2 : a^1x + a^2y = \beta\}$  is a nonempty face of  $P$ , where  $a^1x + a^2y \leq \beta$  is valid for  $P$ , and define  $\beta^1 = \max\{a^1x : x \in P^1\}$  and  $\beta^2 = \max\{a^2y : y \in P^2\}$ . Then  $a^1x \leq \beta^1$  and  $a^2y \leq \beta^2$  are valid for  $P^1$  and  $P^2$ , respectively, and  $F^1 = \{x \in P^1 : a^1x = \beta^1\}$ ,  $F^2 = \{y \in P^2 : a^2y = \beta^2\}$  are the associated nonempty faces of  $P^1$  and  $P^2$ . It can be verified that, in fact,  $\beta = \beta^1 + \beta^2$  and that this implies  $F = F^1 \times F^2$ .  $\square$

**Lemma 7.** *Let  $P^1$  and  $P^2$  be two polytopes and let  $P = P^1 \times P^2$ . Then  $\delta(P) = \delta(P^1) + \delta(P^2)$ .*

*Proof.* We first show that, for any two vertices  $w = (w^1, w^2)$  and  $z = (z^1, z^2)$  of  $P$ , it holds  $\delta^P(w, z) = \delta^{P^1}(w^1, z^1) + \delta^{P^2}(w^2, z^2)$ . We just need to show that  $u = (u^1, u^2)$  and  $v = (v^1, v^2)$  are adjacent vertices in  $P$  if and only if either  $u^1$  and  $v^1$  are adjacent vertices in  $P^1$  and  $u^2 = v^2$  is a vertex of  $P^2$ , or  $u^2$  and  $v^2$  are adjacent vertices in  $P^2$  and  $u^1 = v^1$  is a vertex of  $P^1$ . First, Lemma 6 implies that  $u$  and  $v$  are vertices of  $P$  if and only if  $u^1, v^1$  are vertices of  $P^1$  and  $u^2, v^2$  are vertices of  $P^2$ . Recall that  $u$  and  $v$  are neighbors on  $P$  if and only if they lie on a common 1-dimensional face of  $P$ . Then, by Lemma 6,  $\text{conv}\{u, v\}$  is an edge of  $P$  if and only if either  $u^1 = v^1$  and  $\text{conv}\{u^2, v^2\}$  is an edge of  $P^2$ , or  $u^2 = v^2$  and  $\text{conv}\{u^1, v^1\}$  is an edge of  $P^1$ .

Let  $w = (w^1, w^2)$  and  $z = (z^1, z^2)$  be vertices of  $P$  such that  $\delta^P(w, z) = \delta(P)$ . We then have  $\delta^P(w, z) = \delta^{P^1}(w^1, z^1) + \delta^{P^2}(w^2, z^2)$ , thus  $\delta(P) \leq \delta(P^1) + \delta(P^2)$ . Suppose by contradiction that  $\delta(P) < \delta(P^1) + \delta(P^2)$  and let  $\bar{w}^i, \bar{z}^i$  be vertices of  $P^i$  such that  $\delta(P^i) = \delta^{P^i}(\bar{w}^i, \bar{z}^i)$ ,  $i \in \{1, 2\}$ . Then,  $\bar{w} = (\bar{w}^1, \bar{w}^2)$  and  $\bar{z} = (\bar{z}^1, \bar{z}^2)$  are vertices of  $P$  such that  $\delta^P(\bar{w}, \bar{z}) = \delta^{P^1}(\bar{w}^1, \bar{z}^1) + \delta^{P^2}(\bar{w}^2, \bar{z}^2) = \delta(P^1) + \delta(P^2) > \delta(P)$ , a contradiction.  $\square$

We are now ready to prove Theorem 2.

*Proof of Theorem 2.* Theorem 1 (with  $k = 2$ ), immediately implies that the diameter of a  $d$ -dimensional  $(0, 2)$ -polytope is at most  $\lfloor \frac{3}{2}d \rfloor$ . For any natural number  $d$ , we construct a  $d$ -dimensional  $(0, 2)$ -polytope whose diameter equals  $\lfloor \frac{3}{2}d \rfloor$ .

Let  $H^0 = \{0\}$ ,  $H^1 = [0, 2]$  and denote by  $H^2$  the hexagon defined by

$$H^2 = \text{conv}\{(0, 0), (1, 0), (0, 1), (2, 1), (1, 2), (2, 2)\}.$$

For  $d \in \mathbb{N}$ ,  $d \geq 3$  define

$$H^d = \begin{cases} \underbrace{H^2 \times \dots \times H^2}_{\lfloor d/2 \rfloor \text{ times}} \times H^1 & d \text{ odd} \\ \underbrace{H^2 \times \dots \times H^2}_{d/2 \text{ times}} & d \text{ even.} \end{cases}$$

Observe that, by construction,  $H^d$  is a  $d$ -dimensional  $(0, 2)$ -polytope in  $[0, 2]^d$ . We show that  $\delta(H^d) = \lfloor \frac{3}{2}d \rfloor$  for any  $d \in \mathbb{N}$ . The cases  $d = 0, 1, 2$  trivially verify the claim.

For odd  $d \geq 3$ , Lemma 7 directly implies  $\delta(H^d) = \lfloor \frac{d}{2} \rfloor \cdot \delta(H^2) + \delta(H^1) = \lfloor \frac{d}{2} \rfloor \cdot 3 + 1 = \lfloor \frac{3}{2}d \rfloor$ , where the last equality is implied by the fact that  $d$  is odd. For even  $d \geq 4$ , Lemma 7 directly implies  $\delta(H^d) = \frac{d}{2} \cdot \delta(H^2) = \frac{d}{2} \cdot 3 = \lfloor \frac{3}{2}d \rfloor$ , where the last equality is implied by the fact that  $d$  is even.  $\square$

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